

Central District Health Department

Ada & Boise County Office
707 N. Armstrong Pl.
Boise, Idaho 83704-0825
Tel. (208) 375-5211

Elmore County Office
520 E. 8th St. North
Mountain Home, Idaho 83647
Tel. (208) 587-4407

Valley County Office
703 N. 1st
P.O. Box 1448
McCall, Idaho 83638
Tel. (208) 634-7194

Mission Statement

To prevent and treat disease and disability; to promote healthy lifestyles; and to protect and promote the health and quality of our environment.

"My child got sick eating in the school cafeteria. Is there someone who can check to see if the kitchen is clean?"

"My septic tank isn't working right. Who can I speak with to help me decide what to do?"

"What immunizations does my child need before she starts school this year?"

"I think I have a sexually transmitted disease. Can I get tested?"

"Can you help me quit smoking?"

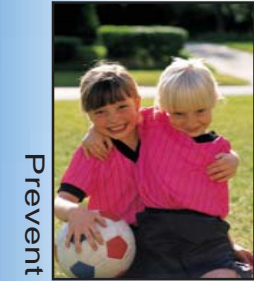


WE'VE GOT THE ANSWERS TO YOUR QUESTIONS.



707 N. Armstrong Pl.
Boise, ID 83704

Central District Health Department



Prevent

Disease



Promote

Healthy

Lifestyles



Protect

The Quality

Of Our

Environment



www.cdhd.org

Improving Your Quality of Life

www.cdhd.org

Preventing & Treating *Disease...*

Immunizations

Quality, low cost immunizations to protect you and your family, including childhood and adult immunizations, and international travel. **Ada County: 327-7450, Elmore County: 587-4407, Valley County: 634-7194**

Women, Infants, and Children (WIC)

The WIC Supplemental Nutrition Program helps pregnant women, new mothers and young children eat well and stay healthy by providing healthful foods, health screenings, nutritional counseling, breastfeeding education and support. **Ada County: 327-7488, Elmore County: 587-4409, Valley County: 634-7194**

Reproductive Health / Family Planning

Provides family planning services, annual wellness exams, sexually transmitted infection detection and treatment, pregnancy testing, pregnancy risk reduction, breast, cervical, colon and testicular cancer screening. **Ada County: 327-7400, Elmore County: 587-4407, Valley County: 634-7194**

Epidemiology and Communicable Disease

Responsible for infectious disease control and prevention; collecting, analyzing and interpreting health data on more than 60 reportable diseases; provides recommendations essential for reducing illness, injuries, disability and premature deaths. **327-8625**

HIV / AIDS Counseling and Testing

Confidential antibody testing, counseling, referral and partner notification services. Walk-in clinics available on designated days. **327-7400**

Tuberculosis Monitoring and Treatment

Ensures the proper treatment of active tuberculosis (TB) cases and helps identify people at risk for TB and provide preventative treatment. **327-8601**

Refugee Health Screening

Screens incoming refugees for communicable health problems and introduces them to the local health care system. **327-8601**

Public Health Preparedness

A program established to expand the department's ability to respond to acts of bioterrorism, unusual disease outbreaks or other public health emergencies in Ada, Boise, Elmore and Valley counties. **327-8542**

Promoting Healthy *Lifestyles...*



Health Services for Seniors / Meals On Wheels

Nutritious meals provided to senior citizens either through home delivered meals (Meals On Wheels) or at area senior centers: **Ada County: 327-7460, Elmore County: 587-4562**



Tobacco Cessation, Education & Prevention

Free community classes to help you kick the habit; work with community groups to reduce / eliminate tobacco use in worksites, schools, restaurants, etc.: **375-5211**

Car Seat and Child Safety Programs

Work with law enforcement & safety personnel to increase correct car seat installation. Free community car seat checks by appointment. **375-5211**



Dental Health

Free dental clinics provide screenings, fluoride varnish applications, dental sealants and cleanings for Medicaid eligible children: **375-5211**



Cholesterol Screening / Cardiac Risk Assessment

Screening includes HDL/LDL levels, Cholesterol/HDL ratio, triglycerides, blood pressure check, and nutrition and exercise guidelines. Clinic held the first Tuesday of every month in Boise & Mt. Home: **327-8547**

Pregnancy Risk Reduction Program

An education and referral program to promote early prenatal care, improve the health of mother and baby, and connect pregnant women with community services. Provides pregnancy testing, early risk identification and risk reduction services. The goal of the PRRP program is to improve pregnancy outcomes and reduce unintended pregnancies: **327-7400**

Adolescent Pregnancy Prevention Program

Promotes abstinence and encourages youth to make healthy life choices by incorporating peer-to-peer education and support, mentoring, life skills training and the availability of an extensive publications and video library. The program partners with local schools and works with parents and the community to provide age-appropriate information to students: **327-8591**

Protect & Promote The Health & Quality of our

Environment

Environmental Health Services

Oversees the health inspection of food service establishments, childcare facilities, sewage disposal systems, public swimming pools, sanitary landfills, and small public drinking water supply systems. Provides land development reviews, septic installer and pumper licensing, consumer product safety investigations, restaurant complaint investigations, foodborne illness investigations:

Ada and Boise County: 327-7499

Elmore County: 587-9225

Valley County: 634-7194

